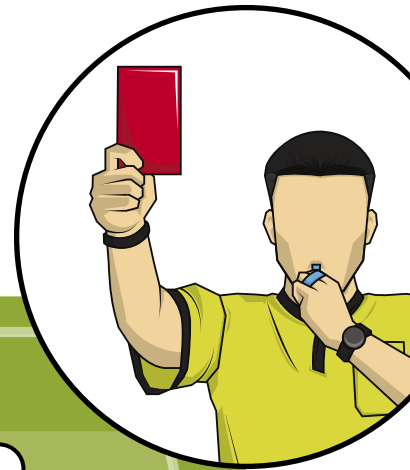


Give plastic the red card

Plastic pollution impacts all walks of life: climate change, wildlife and human health and generates lots of waste. While plastic can be useful it's the overuse and disposal that causes problems. Sport has the unrivalled ability to motivate and inspire large numbers of people. You have the opportunity to stop plastic in sport - it will be a complete game changer!



Volunteer training

Conduct a training session for club volunteers about plastic-free initiatives. Get them to promote sustainability at the club.



Publicise your efforts

Promote your plastic-free club. Share updates and behind-the-scenes efforts with the community to gain support and inspire others.



Waste separation and recycling

Clearly label bins for different types of waste. Educate about proper waste separation to ensure effective recycling and composting.



Vendor guidelines

Provide vendors with clear guidelines that outline the plastic-free ambitions of the club and expectations for their participation.



Zero balloon policy

Emphasise the environmental hazards of balloons. Implement a strict "Zero Balloon Policy" at the club, replace with eco-friendly decorations.



Water stations

Install water refill stations and encourage the use of reusable water bottles.



Reusable utensils and tableware

Provide reusable or compostable utensils, plates, and cups made from stainless steel, bamboo, or compostable alternatives.



No plastic straws

Promote a 'No Plastic Straws' policy. Offer compostable or reusable straws instead. Encourage drinking directly from cups whenever possible.



Plastic-free merchandise

Source club merchandise made from sustainable materials like organic cotton, bamboo, or recycled materials. Avoid plastic packaging for merchandise.



Commit to plastic free

Emphasise the importance of being a plastic-free club to all stakeholders. Make it clear that reducing single-use plastics is a top priority for the club. Demonstrate the club's commitment to be plastic-free by clicking the QR code.

Scan the QR code to commit to cutting out plastic!



**KEEP
NORTHERN
IRELAND
BEAUTIFUL**